SCHOOL ST. MARY'S Pomeroy

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---|--|---|---|--|
| Week One 4/2/19 | Spaghetti Bolognaise or BBQ Chicken Mixed vegetables Mashed Potato Gravy Apple Crumble & Custard | Lasagne or Oven Baked Sauasage Peas Beans Pasta Mashed Potato Gravy Ice Cream & Chocolate Sauce | Chicken & Pasta Bake Or Fish Fingers Broccoli Sweetcorn Mashed Potato Rice Gravy Flakemeal Biscult & Custard | Gammon or Roast Chicken Stuffing Carrot Cabbage Roast or Mashed Potato Gravy Rice Krispie Square & Cornflour | Steakburger in Bap (onion & Cheese) or Chicken Chilli Wrap Salad Sweetcorn Baby Boil Potato or Chips Ice Cream Tub |
| Week Two 11/2/19 | Savoury Mince or Peppered Chicken Pasta Gravy Mixed Vegetables Mashed Potatoes Chocolate Cookie & Custard | Irish Stew or Steakburger Peas Carrots Mashed Potato Gravy Carrot Cake & Custard | Breaded Fish or Sweet & Sour Chicken & Rice Sweetcorn Gravy Mashed Potato or Chips Ice Cream Sponge Roll & Jelly | Roast Pork Stuffing Carrot Broccoli Mashed or Roast Potato Gravy Shortbread Biscult & Custard | Homemade Vegetable Soup Hot Dog Selection of Bread Or Tuna Roll Frozen Mousse |
| Week Three 18/2/19 | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED |
| Week Four 25/2/19 | Homemade Pizza or Fish Fingers Beans Sweetcorn Baby Boil Potato Or Savoury Herb Dice Semolina & Fruit | Chicken Curry & Rice Or Salmon Cake Mixed Vegetables Mashed Potato Gravy Naan Bread Jelly & Ice Cream | Gammon or Roast Turkey Stuffing Gravy Broccoli Carrot Mashed or Oven Roast Potato Jam & Coconut Sponge & Custard | Pasta Bolognaise or Chicken Drumsticks Gravy Peas Mashed Potato Cornflake Crunch & Custard | Chicken Nuggets or Oven Baked Sausage Salad Sweetcorn Mashed Potato Or Chips Frozen Yogurt |

school food try something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

